



CENTER OF EXCELLENCE FOR INTELLECTUAL AND LEARNING DISABILITY (C.E.I.L.D.)

*"Promoting best practices in Identification, Certification, and Intervention
for Intellectual and Specific Learning Disability"*



An Initiative by:

DEPARTMENT OF PSYCHOLOGY AND MENTAL HEALTH

School of Humanities and Social Sciences

GAUTAM BUDDHA UNIVERSITY

Greater Noida, UP - 201312



GAUTAM BUDDHA UNIVERSITY

MESSAGE

Prof. R. K. Sinha

Vice-Chancellor
Gautam Buddha University
Greater Noida



Built on a sprawling 511 acres of land in the city of Greater Noida, the Gautam Buddha University campus is the 'temple of learning' with programmes designed to meet international standards with highly qualified and experienced faculty members. The Department of Psychology and Mental Health is one of the many promising departments at the university which offers academic programmes at various levels with innovative pedagogy and also provides an advanced level of clinical services to the people in need of psycho-social support.

It is a matter of immense pleasure and honour for us to bring forth to you the Center of Excellence for Specific Learning & Intellectual Disability by the Department of Psychology and Mental Health. In the current scenario where mental health is being uplifted and brought to the notice of many, the department has come forward with this center dedicated to the certification and assessment of needs and welfare of specially-abled people.

The Center is focused and goal-oriented towards catering to the needs of assessment, intervention, and certification of children with Specific Learning disabilities, Intellectual Disability, and other Neuro-developmental disabilities. The center is being looked after by RCI registered learned and skilled faculty members and supervised clinical psychology trainees of the department.

I strongly believe that the Center of Excellence will provide more holistic, integrated, advanced, and patients focussed services to one and all who visit for their specific needs.

I wish the best of luck to the entire team members for the grand success of this new venture.



Dr. Vishwas Tripathi

Registrar

Gautam Buddha University

It is a matter of veneration for me in introducing you all the Center of Excellence for Intellectual and Learning Disability initiated by the Department of Psychology and Mental Health. The Department has brought to us this visionary mission to uplift and impart Mental Health awareness and holistic development of children and to serve the increasing needs of specially abled children.

The center is well equipped and incorporated with different type of assessment tools, emanating of disability certificate and intervention for neuro developmental disorders, specific learning disability, intellectual disability, behavioural and emotional problems adhering with the government guidelines. All these services are provided by a well-trained team of RCI registered Clinical Psychologist and skilled Clinical Psychology trainees.

I extend my best wishes for the Center to reach the peak of success.

MESSAGE

It has truly been delighting to me to share with you that the Department of Psychology & Mental Health, School of Humanities & Social Sciences, Gautam Buddha University has come up with this innovative initiative of developing the Center of Excellence for Special Learning & Intellectual Disabilities as a part of rendering its clinical services to the people in special needs. This new venture has been initiated by the department keeping in mind the increasing need of assessments, intervention and certifications requirements for the children at school and other agencies



Prof. Bandana Pandey

Dean

School of Humanities and Social Sciences (SHoSS)

Post pandemic, the mental health concern has emerged more strongly and seeks urgent addressal by the mental health professionals. Here, at our department, we are more committed than ever to address many psycho-social factors that contribute to mental health and wellness indexes to the people with special needs. The Center of Excellence is the epitome of professional excellence which provides psychological assessments, psycho-social intervention and disability certifications for the people in need under the supervision of the esteemed and highly qualified panel of the professionals.

Besides the above, the center also provides therapeutic intervention to uplift the mental health and wellness among the children and their families and create a holistic health environment for them. We look forward to connecting you all in this noble initiative and wish a grand success to this novel venture.



Dr. Anand Pratap Singh

HoD

Psychology & Mental Health

It gives me immense pleasure to introduce you all to the Center of Excellence for Specific Learning & Intellectual Disability at the Department of Psychology Mental Health, School of Humanities & Social Sciences, Gautam Buddha University. The Center of Excellence is a noble initiative by our department which aims at catering the needs of psychological assessments, rehabilitation and certification for children with Specific learning disability, Intellectual disability and other disabilities in and around the Gautam Budh Nagar district of Uttar Pradesh.

The center comprises a board of pediatrician, psychiatrist and RCI licensed clinical psychologists on panel, with professional excellence for the assessments, rehabilitation and certifications of various disabilities for the people in need. The center is equipped with all kinds of advanced psychological tests, measuring tools & machines, computer based software and training modules for the purpose of assessment and rehabilitation. The team of experts at the center consists of trained professionals & trainees, having expertise & knowledge in the area and are proficient in their work. The center helps the people in getting the assessment done and issuing the certificates of disabilities and also educates them about its benefits for various government schemes and education policies. I wish that the Center of Excellence brings awareness and creates an environment where everyone can avail these services and break stigmas to create a more inclusive & integrated society with equality among all.

I am enthusiastic to work with my team to give our best for the welfare of the specially abled people, the society and our nation.

ABOUT THE DEPARTMENT OF PSYCHOLOGY AND MENTAL HEALTH

The inception of the Department of Psychology & Mental Health at Gautam Buddha University took place in the Academic Year, 2011. The Department carries the mission to promote the virtues of mindfulness, social equanimity, and psychological well-being among the people around through its various academic ventures and mental health services. The academic programs offered at the Department are:

- B.A./B.Sc. (Hons.) Applied Psychology
- M.A./M.Sc. Applied Psychology
- M. Phil. (Clinical Psychology) accredited with RCI, New Delhi
- Post Graduate Diploma in Forensic Neuropsychology and Guidance & Counselling
- Ph.D. Psychology (with specialization in Clinical, Neuro, and Forensic Psychology)



Besides the above, the Department also offers clinical services for all kinds of psychological problems and disability conditions through its Clinical Psychology Specialty OPD. The OPD is fully equipped with advanced testing materials, tools & machines and has the provisions of psycho-diagnostics assessment, psychotherapeutic management of psychological problems, guidance & counseling services, biofeedback & neurofeedback therapies for the patients with depression, anxiety, phobia, OCD, tension headache and other psychological conditions. All the services are rendered by highly qualified RCI registered professionals and clinical psychology trainees at the department.



CENTER OF EXCELLENCE

The Department of Psychology & Mental Health at Gautam Buddha University has successfully established a Center of Excellence for the Intellectual & Learning Disability (C.E.I.L.D.). The center provides assessment facilities, psycho-social rehabilitation and disability certification to children and adolescents experiencing learning and intellectual disabilities in congruence with the Mental Health Act and RPWD Act of Govt. of India. The details of the services are as below:

Psychological Assessments: All kinds of psychological assessments services are available for intellectual & learning disability, neuro-developmental disabilities, and other emotional & behavioral problems of the children, such as anxiety disorders, depression, adjustment problems, attention-deficit/hyperactivity disorder, conduct disorders, oppositional defiant disorder; autism spectrum disorders, and many others.

Rehabilitation Services: The center is equipped with advanced levels of cognitive training software, computer-based training modules, and manual methods of rehabilitative activities. The center provides psychotherapeutic services for all kinds of mental health issues, behavioural issues, communication & social skill issues and other psycho-social issues. The center is first of its kind in providing neural entrainment therapies for various conditions.



ABOUT THE DISABILITIES

Intellectual Disability: Intellectual Disability (ID) is a developmental condition involving deficits in intellectual functioning (e.g., skills in reasoning, problem-solving, and learning) and adaptive behaviours (e.g., skills related to practical and social aspects of daily living). The disability may be evident during childhood only and children with these problems are observed having difficulties in conceptual skills, social skills, and their practical skills to perform the routine work.



Specific Learning Disability: A Specific Learning Disorder (SLD) is a neuro-developmental condition involving difficulties in learning and academic skills on the part of the children. It includes difficulties with reading (Dyslexia), writing (Dysgraphia), and mathematical abilities (Dyscalculia). Diagnosis of an SLD requires the persistence of the symptoms over a period of six months, despite targeted interventions. Their academic skills are significantly below those expected when compared to peers of the same age.

DISABILITY CERTIFICATION BOARD

The disability certification board is constituted as per the guidelines of RPWD Act, 2016 of the Government of India which consists of members namely Chief Medical Superintendent, Consultant Paediatrician, Consultant Psychiatrist, and RCI registered Clinical Psychologist. The board is authorized to issue the certificate after the comprehensive assessment of the child with specific disability.

BENEFITS OF CERTIFICATE

With disability certificates, the government attaches a number of benefits and facilities. These benefits vary from state to state and according to the type and extent of disabilities. Following are some of the general facilities that a disability certificate holder can avail.

1. Scholarship schemes for students with disabilities.
 2. Concession in railway fare.
 3. Rebate in income tax.
 4. Reservation in government jobs.
 5. Free travel in state transport buses.
 6. Loan for starting own business.
 7. Subsidized prosthetic aids and assistive devices. (Like wheelchairs)
 8. Group insurance for government employees with disabilities.
 9. Unemployment allowance to educated disabled persons.
 10. Incentive for eye donors.
 11. Subsidy in buying adapted vehicles.
- And many others specified by their respective state government.

BENEFITS OF CERTIFICATE FOR STUDENTS (CBSE Guidelines)

- Disability-wise Exemptions to Disabled students in Board's Examinations
- Flexibility In choosing subjects
- Relaxation of attendance if request is made
- Exemption in studying second language
- Examination through computers
- Reader / adult prompter/Scribe and compensatory time
- Examination room on ground floor
- Options of skill based subjects





DR. ANAND PRATAP SINGH

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DR. ANU MALIK

Assistant Professor, Department of Psychology and Mental Health

She has earned PhD in psychology from IIT Kanpur. She has diverse teaching experiences in institutes such as LNMIIT, Jaipur, and NMIMS, Mumbai. She was also awarded the University Gold Medal in MA from CCS University, Meerut. She was recently awarded the KS Yang Travel Award for AASP Hong Kong 2023. She has presented her research at conferences of national and international reputation. Her articles appear in the Journal of Health Management (Sage), Economics, and Political Weekly (EPW).

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DR. NEHA SHARMA

Assistant Professor, Department of Psychology and Mental Health

PhD. And Masters (Clinical Psychology). Her work experience includes: She has research experience while working with defence institute of psychological research under DRDO. She also has a good experience of seven years in teaching and research. She is certified for Psychological testing (Rorschach and IQ Testing) and Psychological first Aid. Clinical Psychology, Applied Psychology, Bio Psychology, Neuropsychology, and Psychotherapeutic approaches.

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M.Sc(Applied Psychology), Ph.D. in Applied Psychology. Her work experience includes 4.5 years of teaching, research and counseling. Health Psychology, Research and Statistics, Neuro Psychology, Positive Psychology, and Applied Social Psychology. History Of Psychology. Personality And Individual Difference, Indigenous psychology.

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Being challenged in life is inevitable, being defeated is optional. - Roger Crawford



DR. SHIPRA SHARMA

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Ph.D., M.A., M.B.A, B.Ed., UGC-NET qualified, ABA Certified by KHDA, Dubai. She has research experience in adolescence psychology, also 6.6 years of experience in teaching with two years corporate exposure in HR. Her area of interest Applied Psychology, Adolescence Psychology, Human Resource Management

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DR. AKHILESH SINGH

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B.A.; M.A. in Applied Psychology having specialization in Organization Behaviour, UGC NET qualified, presented papers in various international conferences, published research papers, have work experience with Adobe, Void Consultancy, cross-culture, community, and basic psychological assessments

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MS. PARIDHI VATS

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She holds a Master's degree in Psycho-social clinical studies with specialization in Psychoanalysis (Merit Scholarship holder), BA from Lady Shri College, Delhi University. She is UGC- NET qualified, and previously worked as Research fellow at NCERT. Her area of interest lies in Counseling and psychotherapy, and using different modalities like Art, play, Narrative therapy to build capacities in individuals as well as communities.

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